



## Leg Extension

The leg and lower body muscles are a critical component of a well-rounded fitness program. By incorporating lower body exercises like the Leg Extension, users enhance their overall muscular endurance, strength, and agility in other fitness endeavors such as climbing stairs, riding a bicycle and help promote ability in recreational sports like soccer or tennis. Also available in surface mount version (13563S)

## FEATURES AND BENEFITS:

- Familiar-looking design is instantly recognizable to beginner and advanced users
- Utilizes our exclusive advanced variable resistance mechanism for smooth resistance throughout the range of motion
- The resistance mechanism is fully enclosed to protect from the elements and eliminates crush and shear hazards

## SPECIFICATIONS

Model 13563I

Number:

Fall Height: 4' (1.22 m)

Use Zone: 8'-2" x 9'-9"  
(2.49m x 2.97m)

Age Group: 13+ Years

GameTime offers a limited lifetime warranty on uprights, hardware, and connections. Visit [gametime.com/warranty](https://gametime.com/warranty) for full warranty information.