



A PLAYCORE Company

Model Number:

13574



## Knee Lift Station

The Knee Lift Station allows users to train their core while also training balance, flexibility & grip strength. Users can grip the overhead bar to lift their body & perform various knee lift variations.

## FEATURES AND BENEFITS:

- Provides an excellent balance, flexibility, & core workout
- A versatile station that allows multiple types of exercises in a single product
- Constructed of durable and recyclable materials and backed by the industry's leading warranty

## SPECIFICATIONS

Model                13574  
Number:

Fall Height:      7' (2.13 m)

Use Zone:        14'-7" x 6'-0"  
                         (4.44m x 1.83m)

Age Group:      13+ Years

GameTime offers a limited lifetime warranty on uprights, hardware, and connections. Visit [gametime.com/warranty](http://gametime.com/warranty) for full warranty information.