



Bench Dip Station

Strengthen your upper body using the Bench Dip Station! The station is constructed of a durable metal and PVC platform with a metal handrail for gripping. The user places their hands on the bench or grip rails then places their feet out in front to perform a variety of tricep dip exercises. Group it with other fitness items to create an interactive group of fitness activities at your park, trail or playground!

FEATURES AND BENEFITS:

- ❑ Strengthens the muscles in your triceps, chest, and shoulders
- ❑ Platform constructed of durable PVC and metal
- ❑ Thick metal handrail for easy grip and support

SPECIFICATIONS

Model 13580
Number:

Fall Height: 4' (1.22 m)

Age Group: 13+ Years

GameTime offers a limited lifetime warranty on uprights, hardware, and connections. Visit gametime.com/warranty for full warranty information.